



'Pasta alla norma' (tomato & eggplant pasta) – Shopping List

Serves 2

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| | 1x 400g/14oz tin of plum tomatoes |
| | 200g/7oz of short pasta (penne/fusilli/casarecce etc.) |
| | 200g/7oz (4 small or 2 large) eggplants/aubergines |
| | 20-30 leaves of fresh basil |
| | 1 clove of garlic |
| | 2 tablespoons of parmesan cheese (grated) |
| | Vegetable or sunflower oil |
| | Extra virgin olive oil |
| | Salt |
| | <i>Optional:</i> Tomato purée/paste (recommended) |
| | <i>Optional:</i> 1 tub of Italian ricotta cheese |