



## Spaghetti Bolognese Recipe – Shopping List

### Serves 4

	500g/17.5oz minced beef
	1 x 395g/14oz tin of plum tomatoes
	1 glass of full-bodied red wine
	1 medium onion
	1 stick of celery
	1 medium carrot
	2 teaspoons of tomato paste/purée
	6-8 basil leaves (ideally fresh)
	400g/14oz spaghetti (100g/3.5oz per person)
	Salt & pepper
	Extra virgin olive oil