



Go Green... pesto pasta recipe

Serves 2

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|--|-----------------------------------|--|--|
| | 200g/7oz trofie or linguini pasta | | 1 tablespoon of pine seeds |
| | 50g/1.8oz fresh basil leaves | | 1 tablespoon of grated parmesan cheese |
| | 2 small potatoes (25g/0.9oz) | | Extra virgin olive oil |
| | 100g/3.5oz green beans | | Salt |
| | 1 small clove of garlic | | |