



## Eggplant Parmegiana (AKA parmigiana)

**Serves 4-8**

	Half a medium onion		x3 400g/14oz tins of plum tomatoes
	x2 200g/7oz balls of fresh mozzarella (normal <i>not</i> buffalo)		20g/0.7oz fresh basil leaves (roughly 20 large leaves)
	50g/1.7oz parmesan cheese		Salt
	4 long, thin eggplants/aubergines - approx. 1.5kg/52oz		Frying oil (veg, sunflower, or corn)
	Extra virgin olive oil		