



Baked Rigatoni Recipe – Shopping List

Serves 4

	1 litre/1.75 pints of milk
	100g/3.5oz butter
	60g/2oz (4 tablespoons) plain/all purpose flour
	Half a teaspoon of grated nutmeg (ideally fresh)
	25g/0.8oz parmesan cheese
	500g/17.5oz rigatoni/tortiglioni
	1 ball of mozzarella cheese (standard, not buffalo)
	175g/6.2oz thick ham
	75g/2.5oz breadcrumbs