



'Get in the Ring' Baked Pasta Recipe

Serves 4

	300g/10.5oz of packet tagliatelle pasta (if not making fresh pasta)		Vegetable/sunflower/frying oil
	800g/28oz long, thin eggplants/aubergines		Extra virgin olive oil
	250g/8.8oz tub of ricotta cheese		<u>For optional meatballs:</u>
	75g/2.5oz grated parmesan cheese (or dried from tub)		300g/10.5oz crusty bread
	One 200g/7oz ball of fresh mozzarella cheese (provola and scamorza also work)		100g/3.5oz minced/ground beef
	x2 400g/14oz tins of plum tomatoes		Tub/tin of dried breadcrumbs (for top-up)
	One medium onion (ideally red)		<u>For optional fresh pasta</u>
	20 fresh basil leaves		Bag of plain/regular flour (ideally superfine type zero)
	Salt		3 eggs